

# Defining Leadership in a Post-Pandemic World

## *Building an Inclusive, Flexible, and Balanced Workplace to Reduce Burnout in the "New Normal"*

The COVID-19 global pandemic led to the surge of another disorder—burnout. Since 2019, burnout is categorized in the World Health Organization's International Disease Classification (ICD-11) as a "syndrome that results from chronic workplace stress that has not been successfully managed." Work-related stress continues to negatively impact productivity in the "new normal." Since burnout is such a significant issue for women at work, failure to address it will undermine organizations' gender-equality ambitions.<sup>1</sup> How can leaders help mitigate burnout and foster engagement, trust, and career satisfaction in their organizations? Join us as our speakers candidly discuss the sensitive topic of burnout. The speakers will share their insights on action-oriented steps an organization and individuals can take, including how to build an emotionally intelligent culture, the adoption of empathetic leadership, flexible working conditions, and lasting solutions to contribute to higher job satisfaction, motivation, productivity, and positive change in today's workplace.

<sup>1</sup> Per Deloitte's, Women at Work 2022: A Global Outlook, which surveyed 5,000 women in 10 countries (Australia, Brazil, Canada, China, Germany, India, Japan, South Africa, the United Kingdom, and the United States).

### FEATURED SPEAKERS

### PANEL MODERATOR



**CHRISTOPHER D. CONNORS**  
 LEADERSHIP SPEAKER, AUTHOR,  
 EXECUTIVE COACH



**CATHI CUNNINGHAM**  
 PARTNER,  
 DELOITTE & TOUCHE LLP



**ANDREA ZOECKLER**  
 COO & CFO, EPSON AMERICA INC.;  
 EXECUTIVE OFFICER, SEIKO EPSON CORP.



**CAROL SHEPPERD, CTP**  
 SVP, COMMERCIAL BANKING  
 WELLS FARGO

## Thursday, November 10, 2022

Miyako Hybrid Hotel: 21381 S. Western Ave., Torrance, CA 90501

Conference: 2:30 p.m. - 5:30 p.m. (PST) | Networking: 5:30 p.m. - 6:30 p.m. (PST)

<https://jas-socal.org/Women>